



Background Information

Introduction to re:generation Church

re:generation is a contemporary and vibrant Church that believes Jesus is relevant for the people of today. God isn't boring or inaccessible, and we want our Church to reflect this.

We believe that Church is about people. We do our best to provide a welcoming and comfortable atmosphere, where you can come as you are and discover with us the life-transforming power of God.

During Church on a Sunday (kicks off at 6.30pm, ends around 8), we hope our talks are both engaging and challenging, whatever background or age you are, whether you know Jesus personally yet or not. We want to worship God in a style that makes sense in the culture we live in.

The rest of the week is packed with events that we hope will both entertain you and allow you to discover more about God. He isn't just for Sundays, so we don't want to be either.

We are a 'fresh expression' Church.

Activities at re:generation Church

We have a wide range of activities and groups that meet regularly at re:generation. To talk about them all in detail would take hours, but here's a taster to whet your appetite:

- Every Sunday at 6:30pm, we have our main worship service. Depending on the week, there are activities that take place after the service. On the 1st and 3rd Sundays of the week, we have Escape: a time to chill out and relax; talk with friends, and enjoy a smoothie or toastie in the Escape cafe! On the 2nd and 4th Sundays we have Extended Worship in the Escape room. Should the service fall on the 5th Sunday of the month, we have a meal in the Church, hosted by one of our POD Groups (more about these later).
- re:think is the church's bible study group that meets every Tuesday. Getting stuck into the bible and looking at God's word is a vital part of the life of the church at re:generation.
- re:generation FC comprises three football teams (ones girls, and two men's teams) that train and play on a regular basis. The teams are a great tool in reaching out to not yet Christians with the good news of Jesus. Ben Poch, along with a committed group of individuals heads up this work.

In addition to the above there are the following groups and ministries at re:generation Church:

- re:vive – a time to worship God together during the week
- Alpha – an introduction to the Christian faith for those that don't yet know Jesus
- GHD – girls discipleship group
- BIC – guys discipleship group
- Parkour for Jesus – taking the good news of Jesus to people through the art of parkour
- ESC Graffiti workshops – does what it says on the tin; and all legal of course!
- RTS – lights, camera, action; for those with a creative drama disposition
- Wireless – a time for chilling out and playing video games
- Accountability and Mentoring – helping one another in our journey with Jesus
- rejuvenate – women's discipleship group
- release – a monthly prayer event for the church, the community and the city
- POD groups – small, informal, social networks where people meet to have fun

- Blue Cinnamon – our monthly breakfast meeting; a time to start the day in the right way and always with a full English breakfast on offer
- Fusion – our 9's to 13's group which meets each week on a Sunday for their own time of teaching during the service
- Impact Project – this is name of our social action department – its still very much a work in progress, but we're thinking of new ways to engage with people in our community all the time

As you can see, there's a lot going on within the life of re:generation Church.

re:generation Church Statement of Purpose

As an active and contemporary church, re:generation seeks to relate to the needs of the emerging generation of Christians and non-Christians today. The events, services, and projects we share in, are designed to communicate the message of Jesus Christ through clear words and actions. We work at making the Good News accessible to today's society.

Being a church held together by a common cause, we seek to live out the meaning of life as we have discovered it in Jesus Christ. We encourage every member to fulfil their purpose as part of the body of Christ.

We seek to do this through loving acts of service, giving, fighting injustice and a determination to act with integrity. Individual members of re:generation are encouraged to share in the responsibility of telling others of the love of God, inviting them to live lives to the full in Jesus Christ. Our vision is to be a sending church into the local area and the world.

We are determined to live life as Jesus has given it to us.

Aims of the Internship programme

Discipleship is a core value of re:generation and we want our gappers to grow as disciples of Christ through their time on the re:generate programme. We believe that through the experiences on offer and the times of teaching and nurture, you will be able to flourish and grow in your faith as well as being able to help the expand the work of re:generation within the local community.

Who are we looking for?

You don't have to have your entire life mapped out or have it all sorted in order to apply and take part in our re:generate internship programme. But perhaps, this programme will play a part in helping you develop and take steps in discerning your future direction; with God anything is possible!

We are looking for people that are willing to listen, learn and serve. Being teachable is an important characteristic of discipleship. We have a desire for you to learn more about God, what it means to be church and what it means to be a disciple of Christ. If you are willing to listen, learn and serve then this programme is for you!

What's involved in the Internship programme?

We want to invest time and energy in you. We want to see you grow. To help this process we want to offer as many experiences and opportunities for you to grow your gifts and discover new ones as well. Not everything will be task orientated. We will aim to strike a balance between discipleship and doing; serving within the life and ministries of the church, but also allowing time

for personal reflection through retreats, training days and having time out. So, we plan to offer the following elements and experiences for you to get involved in:

- 11 month programme (shorter programmes can be discussed if required)
- Realistic aims that you desire to achieve in your time at re:generation Church
- Mission experience; at home, but also possibly overseas
- Month by month rolling programme
- Weekly teaching time; a chance for us to share our experiences and knowledge with each other
- Schools work
- Team building exercise to start off the programme
- Journaling/blogging
- Reading and teaching materials for you to keep
- A personal mentor to assist and aid you throughout the year

Scripture Union's partnership with the Internship programme

re:generation Church has developed strong links with Scripture Union over the last three years. In 2008 Ben Poch was appointed as a schools worker, with funding support split 80/20 between SU (Graceworks Trust) and re:generation Church. In 2009 the partnership was strengthened further with the introduction of a joint internship programme being offered. This programme offers two major advantages:

- Firstly, the experience on offer to interns is far greater. SU currently have links with approximately a dozen primary and secondary schools in the local area with opportunities to teach, lead assemblies and assist with Christian Unions readily available.
- Secondly, the cost of the internship programme is reduced. SU have close links with a partner organisation called Graceworks Trust, who in turn are sponsoring a set number of internship positions each year, and in turn reducing the cost of the programme for prospective interns.

We believe this partnership provides a great opportunity for interns to maximise their growth and development over the course of the year.

What's the cost?

The subsidised cost of the re:generate internship programme is £500 for the year.

If accommodation is required, arrangements can be made to find a suitable place to stay. There may be additional fees involved for this, but we will minimise the cost as much as possible.

Payments for the programme are to be made in advance, and paid in full.

£500 may seem like a scary amount and we certainly do not want this to put you off. The fees however will be given back to you during the year to cover the cost of travel expenses.

To help you pay for the course, we encourage interns to hold a fundraising event, or ask people for sponsorship to cover the cost of the programme. There are also grants and funding bodies willing to cover the cost of schemes like this. If you'd like ideas as to how to help fund your time at re:generation, then please speak to Jamie, Ruth, Ben or Mark.

If you want to apply

So you've read the entire blurb, and you think you're ready to apply... If that's the case, we'd like you to fill out the application form and send it back to us (the address is on the form). We will contact you as soon as we can to discuss the opportunities available for you to get involved.

If you do have questions about the re:generate internship programme that haven't been answered yet, please do feel free to contact us. However, you can always have a look at our frequently asked questions and see if the answer is in there also!

Frequently Asked Questions

How old do I have to be to apply?

There is no age limit on the re:generate internship programme, but you obviously have to have finished school.

Where will I be based?

You will be based at re:generation Church, Gidea Park, Essex. However, because of the nature of the work, there will be plenty of opportunity to get out and about into the community and surrounding area.

What will I be expected to get involved in?

We would love for you to experience as wide a range of groups and activities as is possible. However, we also want to further your personal development in the areas where you feel you are gifted the most. So it will depend a lot on you and your gifts, talents and abilities.

What will I get out of it?

The most important thing for us at re:generation Church is your development and growth spiritually. We want you to reach the end of your time with us knowing and feeling that your relationship with God has been nurtured to the point of flourishing!

There is also the old adage "you'll only get out what you put in". However, we DO NOT want you to be in a place where you feel compelled to be 'doing' stuff in the church constantly. We recognise that discipleship needs to allow time for retreat, rest, waiting on God, seeking his heart, being taught new things and much more besides.

Who will I be working with?

There will be a number of different people that you will be working with. We currently have three full-time staff and three part-time staff at re:generation. The likelihood is that there will also be anything between two and four other 'interns' who you'll be working closely with over the course of the year. There may also be opportunities to work with other groups and organisations in the local area from time to time, so that you get wider ranging experience.

What sort of support can I expect?

We will support you in a number of ways:

- You will be commissioned into the work at the start of your time on the gap year scheme.
- You will be supported prayerfully by the local churches.
- You will be encouraged to search for and grow in the gifts and talents you have.
- You will have a mentor assigned to you. They will oversee all that you're involved in and will encourage you along the way. They will also be the person that you seek advice and help from when you need it.

What if I have problems with the programme?

If you have concerns or questions about the programme, that may be putting you off applying, then please speak in the first instance to one of the staff members; Jamie Poch, Ruth Poch, Ben Poch or Mark Crawford. We will try and answer any questions or issues that may be a sticking point with the programme.

If you have problems whilst in the middle of the programme, then speak to your mentor in the first instance who should be able to remedy any issues. If you have any problems with your mentor, then please speak to one of the other members of staff and we'll do our utmost to resolve any problems or concerns that you may have.

How long can I work with re:generation?

We would like to see you with us for an 11 month period because it gives you the fullest experience of what goes on in the life of re:generation Church. The proposed programme dates below also coincide with the beginning of school terms and events that the church is involved in throughout the year.

When can I start?

The proposed start date is Sunday 4th September 2011. The proposed finishing date is Sunday 14th August 2012. However, we want to allow flexibility and these can be changed if needs dictate otherwise.



Application Form

Contact Details

Full Name:

Address:

Postcode:

Date of birth:

Email:

Home Tel no:

Mobile:

Employment Details

Please delete/answer as appropriate

Are you currently in employment?

Yes

No

If yes, where do you work and what is your position?

Education Details

Please delete/answer as appropriate

Are you currently in full/part-time education?

Yes

No

If yes, which school/college/university do you attend and what are you studying?

Qualification Details

What qualifications do you currently hold? (please also list any predicted grades for A-levels/exams/courses you anticipate to complete summer 2011)

Subject

Grade

Date

Christian Background

Name of church you attend:

Church denomination:

How long have you attended this church?

Please explain briefly your understanding of the Christian faith and what it means to you?

Abilities and Attributes

Explain briefly what gifts and talents you have:

Which of these gifts and talents are you most keen to develop whilst on the programme?

What do you believe are your strengths?

What do you believe are your weaknesses?

On a scale of 1-5, with 5 being "very interested" and 1 being "not at all interested" how would you rate your interest of involvement in the following areas (please circle as appropriate):

	Very Interested			Not at all Interested	
Children's work (0-11 years)	5	4	3	2	1
Young peoples work (12-18 years)	5	4	3	2	1
Schools work	5	4	3	2	1
Preaching and bible teaching	5	4	3	2	1
Drama	5	4	3	2	1
Sports ministry	5	4	3	2	1
Creative arts	5	4	3	2	1
Music	5	4	3	2	1
Leading worship	5	4	3	2	1
Community projects	5	4	3	2	1

On a scale of 1-5, with 5 being strong and 1 being weak, how would you rate yourself in the following areas (please circle as appropriate):

	Strong			Weak	
Reliability	5	4	3	2	1
Punctuality (time keeping)	5	4	3	2	1
Perseverance	5	4	3	2	1
Working with others	5	4	3	2	1
Working on your own	5	4	3	2	1
Spoken communication	5	4	3	2	1
Written communication	5	4	3	2	1
Maturity	5	4	3	2	1
Bible knowledge	5	4	3	2	1

Personal Health

General Health Information

How would you describe your current state of health?

Do you have any dietary requirements? If so, please state.

Do you have any allergies? If so, please state.

Do you take any medication? (i.e. inhalers, allergy tablets etc). If so please state.

Are you registered as disabled? Yes No

If yes, please give details below.

Are there any conditions or illnesses that you have suffered in the past that we should know about?

Yes No

If yes, please give details below.

Emergency Contact Details

Please give details of someone who we could contact in case of an emergency below:

Name:

Address:

Postcode:

Telephone:

Mobile:

GP/Doctors Details

Please give details of your GP/doctor below:

Name:

Surgery Address:

Surgery Telephone:

IF UNDER 18 YEARS OF AGE AT THE TIME OF APPLICATION PLEASE ASK YOUR PARENT OR GUARDIAN TO SIGN BELOW ON YOUR BEHALF. IF OVER 18, PLEASE SIGN THIS CONSENT YOURSELF

- 1) In the event of illness or accident occurring that requires hospital treatment, including anaesthetic, are you willing to authorize the leaders or staff members to sign, on your behalf, any written form of consent required by the hospital if the delay required to obtain your signature is considered inadvisable by the doctor concerned?
(Delete as appropriate) YES NO

- 2) I confirm that I have parental responsibility for the above named, and to my knowledge the information is correct and up to date.

Signature:

Date:

General Information

Is there anything else that you would like to say in addition to the details filled out in this application? If so, please state below (continue on a separate sheet of paper if necessary).

Have you ever been convicted of a criminal offence, or are you at present the subject of any criminal charges? (Any disclosure of an offence will not discriminate against your application)

Yes

No

If yes, what was the nature of the offence?

Have you completed a criminal record check in the last 6 months?

If not, would you be willing to complete one?

Yes

No

References

Please give details of a Church Leader and a Mature Christian Friend who knows you well and who we can contact to gain reference. You should not be related to the person(s) in question, and ideally, you should have known your referees for at least 2 years.

Church Leader

Name:

Address:

Telephone:

Mobile:

Email:

How long have you know the above named person?

Mature Christian Friend

Name:

Address:

Telephone:

Mobile:

Email:

How long have you know the above named person?

Declaration

I confirm to the best of my knowledge that the information given on this form is correct and true.

Signed:

Date:

Parent/guardian:

Date:

Parent/guardian signature only required if under 18 years old at time of application

Please return this application to:

Mark Crawford
re:generate Internship Programme
re:generation Church
398 Brentwood Road
Gidea Park
Essex
RM2 6DH

Closing date for applications: Monday April 18th 2011